



Dr. Jeremy Joyner ♦ Dr. Sean Sheff
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PATIENT HISTORY QUESTIONNAIRE

The information requested in this questionnaire is very important. To give you the best care and to obtain your insurance approval, we must have complete answers. If you are visually or otherwise impaired and must use an assistant, please indicate his/her name below.

Your name: _____ Date of Birth: _____

Person assisting with this form and relationship to you: _____

Date: _____ Age: _____ Height: _____ Weight: _____

Approximately how long have you currently been at least 80-100 pounds overweight?
 _____ years _____ months

Diet History

Approximate age when you first dieted: _____

List the diets and weight loss programs you have tried:

Program	Dates	Duration	MD supervised	Max loss
Jenny Craig				
Nutri-Systems				
Weight Watchers				
OptiFast				
MediFast				
Prescribed Diet Pills i.e. phentermine, fastin, etc				
Metabolife				
Atkins				
Acupuncture				
Other:				



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Name: _____

List any other weight loss attempt(s) your physician supervised and documented: _____

List any others diets and/or weight loss methods you've tried: _____

In your own words, please describe what you hope to accomplish and how you believe your life will change by losing weight: _____

Medications: Be sure to list your correct dosages and strengths. Also include any over- the-counter medications, herbal and dietary supplements you take.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____

Do you take Goody/BC Powders, aspirin, NSAIDs (Motrin, Aleve, etc.) or other aspirin-based products on a regular basis? Yes ___ No ___. If yes, which ones and how often?



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Name: _____

Medical Conditions/Diseases:

Have you had or do you have any of the following illnesses or conditions? If so, please briefly explain treatment you received:

Heart disease:

Angina Treatment: _____

Heart Attack (MI):When: _____

Coronary artery bypass(CABG):When: _____ Hospital: _____

Coronary angioplasty or stents: When: _____ Hospital: _____

Abnormal EKG: Treatment: _____

Stress test Abnormal? _____ If yes, when and where done? _____

Palpitations/heart murmur/valve problem Treatment: _____

Heart failure, CHF Treatment: _____

Other: _____

Lung/Pulmonary disease:

Asthma _____

COPD (chronic obstructive pulmonary disease) _____

Sleep apnea If yes, CPAP or BiPAP used or recommended? _____

What settings are used? _____ mm water

Pneumonia _____ After surgery? ____ yes ____ no

Other _____

Gastrointestinal disease:

Ulcer/bleeding ulcer Treatment: _____

Acid reflux/GERD(gastroesophageal reflux disease) _____

Irritable bowel syndrome _____

Colitis/diverticulitis _____

Other _____

Kidneys/bladder:

Kidney stones _____

Renal insufficiency/failure (chronic or acute) _____

Urinary retention (particularly after surgery) _____



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Kidneys/bladder continued:

Urinary incontinence (leakage) _____

Other _____

Vascular (blood, blood vessels):

High blood pressure Is it well controlled? _____

High cholesterol _____

High triglycerides _____

Clots in legs (DVT) _____

Clots in lungs (pulmonary embolus) _____

Anemia _____

Free bleeder/hemophiliac _____

Blood transfusion in the past _____

Venous stasis disease/ulcers _____

Other _____

Endocrine:

Diabetes mellitus Year diagnosed _____ Oral medication? _____

Insulin injections? _____

Date and value of last hemoglobin A1c: _____

Under-active thyroid _____

Other _____

Nervous System:

Migraine headaches _____

Neuropathy _____

Slipped/degenerative disk _____

Stroke _____

TIAs (mini-strokes) _____

Seizure disorder _____

Other _____

Muscle/Joint/Skeletal disease:

Arthritis _____ Where affected _____

Rheumatoid arthritis _____



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Muscle/Joint/Skeletal disease continued:

Lupus (SLE) _____

Gout _____

Spine disease _____

Degenerative joint disease _____

Fractures _____

Fibromyalgia _____

Other _____

Infectious Disease:

Staph infection _____

Hepatitis _____

HIV infection _____

Tuberculosis (TB) _____

Other _____

Mental Health:

Depression _____

Bi-polar _____

Panic disorder _____

Schizophrenia _____

Other _____

Allergies: List any drug allergies or intolerances you know of and the effect(s) they cause: _____

Are you allergic to (circle): tape Latex iodine

Other/food allergies: _____

Surgical History:

Gallbladder removal: _____ Open(large incision)? _____ Laparoscopic _____

Abdominal: _____

Orthopedic/spinal: _____

Head/neck/throat: _____



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Name: _____

Surgical history continued:

Chest/breast: _____

Pelvic/urinary tract: _____

Plastic surgery: _____

Other surgery not listed above: _____

Did you have any significant complications with any of your operations (infection, bleeding, anesthesia reaction, breathing/lung problems)? _____

Hospitalizations:

Please list any admission(s) and the approximate dates and the reasons(s) other than the surgeries listed above: _____

Family Medical History:

Please list any conditions that tend to run in your family: _____

Did anyone in your immediate family suffer a heart attack before the age of 50? _____

Social history:

Have you ever used tobacco? Yes ___ No ___ What type? _____

When did you quit? _____ Approximately how many total years did you use tobacco? _____

Do you use or have you ever used intravenous (IV) drugs? _____

Do you use or have you used illegal drugs? _____

Who resides with you in your household? _____

Do you have any religious objections to medical treatment? Yes ___ No ___ If so, what? _____

Do you drink any form of alcohol? Yes ___ No ___ If so, how many drinks of beer, wine or liquor have you had in the past 7 days? _____ Past one month? _____