



PNW May Group Fitness Schedule



04/26/2021-05/21/2021



DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM		Be Fit <i>Leigh Ann</i>		Be Fit <i>Leigh Ann</i>	
9:30 AM		WATER AEROBICS <i>Melissa</i>		WATER AEROBICS <i>Melissa</i>	
10:45 AM	WATER AEROBICS <i>Melissa</i>		WATER AEROBICS <i>Melissa</i>		
12:00 Noon	Stretch Out <i>Melissa</i>		Stretch Out <i>Melissa</i>		
2:00 PM					
2:30 PM		WATER AEROBICS <i>Melissa</i>		WATER AEROBICS <i>Melissa</i>	

Note: Water Aerobics is \$40 per month for 8 classes Be sure to pay for class before the 5th of the month, all other classes are FREE. 229-312-8899

Class Intensity Key		Beginner
		Low-Med
		Mid-Level
		Advanced